**Workforce Connection Young Adult Services Focus Forward Leadership Activity**

**Personal Development Leadership Activity** – Read each of the articles in the latest *Focus Forward* magazine and determine each person’s main struggle; then evaluate in-depth one article that resonates with you personally, and write a one-page report describing the article and how it affected you.

1. **Read each of the main articles in the Focus Forward magazine or online at** [**www.focusforward.org**](http://www.focusforward.org)
2. **After reading each of the main articles write down the name of each person on the left and the main struggle that each person faced on the right in the spaces below:**

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| **Name** | **The Struggle** |
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1. **Choose the one person that resonates the most with you, then answer the following questions:**
2. Describe why you picked this particular article and person?
3. Describe and discuss in your own words the challenges this person faced?
4. What helped them turn their situation around?
5. What positive things came out of this tough situation?

1. What is this person doing today?
2. **Next, reflecting on your personal life, answer the following questions:**
3. Describe and discuss the challenges you have faced in life?
4. Describe what has helped you to overcome these obstacles?
5. What is one positive thing that has come out of a tough circumstance you went through?
6. Describe what goals, ambitions, and dreams you have for yourself in the future?
7. **Using your answers to questions 3 and 4 above; create a one page typed-out report.**